

# SUPPORT PEOPLE WITH DISABILITIES AT

THE ARC, OCEAN COUNTY CHAPTER

THE ARC, OCEAN COUNTY CHAPTER IS A NONPROFIT ORGANIZATION THAT HAS BEEN SUPPORTING INDIVIDUALS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES SINCE 1955.

WE PROVIDE RESIDENTIAL, VOCATIONAL, RECREATION, FAMILY SUPPORT AND CLINICAL SERVICES TO OVER 1,000 INDIVIDUALS AND THEIR FAMILIES.



## RAISE FUNDS



ASK A FRIEND, FAMILY MEMBER OR CO-WORKER FOR A DONATION

HOLD A BAKE SALE AT YOUR SCHOOL, OFFICE OR CHURCH

COLLECT \$5 FOR A JEANS DAY OR CASUAL FRIDAY

SELECT ARC OCEAN AS YOUR CHARITY OF CHOICE ON AMAZON SMILE

HOST A DINE TO DONATE AT YOUR FAVORITE RESTAURANT

START A 24 HOUR SOCIAL MEDIA FUNDRAISER

CREATE A WALK TEAM AND SHARE YOUR PEER TO PEER FUNDRAISING PAGE FOR THE STEP UP FOR THE ARC WALK IN MAY

START A PENNY WAR AT YOUR SCHOOL OR OFFICE

ASK YOUR COMPANY FOR A MATCHING DONATION

## RAISE AWARENESS



WEAR CRAZY SOCKS ON MARCH 21ST FOR WORLD DOWN SYNDROME DAY

INVITE THE ARC TO HOST AN AWARENESS PRESENTATION

VISIT ARCOCEAN.ORG TO LEARN MORE ABOUT OUR MISSION

VOLUNTEER TO BECOME AN ARC AMBASSADOR FOR SERVICE HOURS

FOLLOW US ON FACEBOOK, INSTAGRAM, TWITTER AND YOUTUBE

CELEBRATE DEVELOPMENTAL DISABILITIES AWARENESS MONTH IN MARCH

LEARN MORE ABOUT DISABILITY INCLUSION OPPORTUNITIES IN OCEAN COUNTY SUCH AS JOB TRAINING OR EMPLOYMENT SUPPORTS AT THE ARC

BE AN ADVOCATE AND ALLY FOR PEOPLE WITH IDD AS A MEMBER OF THE ARC

WEAR BLUE ON APRIL 2ND FOR WORLD AUTISM AWARENESS DAY



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