



# **Celebrating DSP Recognition Week!**

Direct Support Professionals (DSPs) were recognized nationally for their dedication to the field September 8-14th, 2024. The Arc, Ocean County staff and participants shared warm words of appreciation throughout the week on social media for the joy and compassion our DSPs bring to The Arc's programs and services.

"Our staff are incredible. They come in each and every day and make an indelible impact on people's lives. Caring for their needs, building their skills, enhancing independence and self-worth, and providing amazing life experiences to ensure our participants lead the life they deserve," said Matthew Brady, Assistant Executive Director of Vocational Services.



### A Word on Wellness

The Arc is thrilled to continue offering free Wellness Programs through Recreation Services for the month of October! Join us for fun and fitness at Nutritious Cooking, Basketball Skills, Walking Club, Cardio Drumming, and Pickleball Skills at the ATCLA in Lakewood, NJ. <u>Be sure to sign up early, spots are limited.</u>



### **One Lucky Casino Night!**

We're just days away from our Celebrate The Arc Casino Night on Friday, October 4th in the Atlantis Ballroom at The Days Hotel in Toms River. We're thrilled to try our luck at the games in hopes of winning some huge prizes in the Gift Auction at this upscale Cocktail Reception! For event details please <u>click here</u>.



## **Inclusive Recreation Space**

We have reimagined our outdoor space at the Lakewood ATC thanks to a very generous Inclusive Recreation grant from the County of Ocean. Designed with a pickleball and shuffleboard court, this shaded area allows for

an expansion on our health and wellness initiatives at The Arc, Ocean County Chapter like this Cornhole Tournament of Champions!



### Your Walk Donations at Work!

In May, we invited our community to Step Up for The Arc and together we raised over \$80,000 for our programs! We were so grateful to have had the opportunity to take a trip to Universal Studios Orlando, enjoy a new porch swing, redesign shirts for the AEC, keep moving with Mon-Ster Fitness and so much more thanks to the generosity of our donors!



### Out & About with #ArcOcean

Jennifer and Shawn represented The Arc and our Power in Numbers self-advocacy group at the Greater Toms River Chamber of Commerce Day of Impact at the SUP the River event. We were honored to attend this vibrant mix of local nonprofits and community members for a day of inclusion and collaboration. Read more.

Support The Arc, Ocean County Chapter









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